

KOREAN MARTIAL ARTS CENTER

2021 PROGRAM LISTING

Tiny Tigers	
Tuesday	4:30pm - 5:15pm
Thursday	4:30pm - 5:15pm
Saturday	10:30am - 11:15am

Taekwondo / Judo / Yongmudo	
Tuesday	6:30pm - 7:30pm
Thursday	6:30pm - 7:30pm
Friday	6:30pm - 7:30pm

Dragons	
Tuesday	5:30pm - 6:15pm
Thursday	5:30pm - 6:15pm

Grand Master Dorsey - Hapkido	
Monday	4:30pm - 5:15pm
Tuesday	3:30pm - 4:15pm
Wednesday	4:30pm - 5:15pm
Thursday	3:30pm - 4:15pm
Friday	4:30pm - 5:15pm

Advance Taekwondo / Weapons	
Saturday	9:00am - 10:15am

Dragons / Et Al	
Saturday	11:30am - 12:15pm

Olympic Competition	
Friday	5:30pm - 6:15pm

Olympic Class 1	
Monday	5:30pm - 6:15pm
Wednesday	5:30pm - 6:15pm

Olympic Class 2	
Monday	6:30pm - 7:15pm
Wednesday	6:30pm - 7:15pm

KMAC Student Health Etiquette

- Mask are required on entry of Dojang and during training.
- Temperature Checks and Questionnaires are required when you first enter the Dojang!
- If you don't feel well, please stay home until you are better!
- If you have traveled, please self quarantine for at least a week and speak to Grand Master for approval to return..

KMAC Student Etiquette

(Students are required to adhere by these rules while present in the Dojang.)

- Leave your ego outside of the school.
- Arrive 10-15 minutes prior to scheduled class.
- Keep uniforms neat, clean and odor free.
- Quietly prepare for class. (Do not disturb class in session!)
- Always show respect to your Instructors and fellow Students.
- Always be well mannered, behave properly and remind Guests to do the same.
- Attend Class on a regular and consistent basis.
- Show proper effort and good spirit in Class.
- Practice and exercise at home for better results.
- Memorize and apply the Student Creed.
- Develop and maintain a positive, well-disciplined attitude.
- Clean up your Water Bottles.
- Store Shoes, Backpacks & Books properly.
- Check regularly with our Member Page kmaclife.com for updates!

